

# Verteilung der Psalmen und Cantica im Vierwochenpsalter der Liturgia Horarum

		1. Woche	2. Woche	3. Woche	4. Woche
<b>SON</b>	<u>1. Vesper</u>	141,1-9	119,105-112	113	122
		142	16	116,10-19	130
		Phil 2,6-11			
	<u>Komplet</u>	4			
		134			
	<u>Lesehore</u>	1	104	145	24
		2			66
		3			
	<u>Laudes</u>	63,2-9	118	93	118
		Dan 3,57-88	Dan 3,52-57	Dan 3,57-88	Dan 3,52-57
		149	150	148	150
	<u>Tageshore</u>		23	118	23
118		76	76		
<u>2. Vesper</u>	110,1-5.7				
	114	115	111	112	
	Offb 19,1-7				
<u>Komplet</u>	91				
<b>MON</b>	<u>Lesehore</u>	6	31,2-17.20-25	50	73
		9			
	<u>Laudes</u>	5,2-10.12-13	42	84	90
		1 Chr 29,10-13	Sir 36,1-7.13.16-19	Jes 2,2-5	Jes 42,10-16d
		29	19,2-7	96	135,1-12
	<u>Tageshore</u>	19,8-15	119,41-48	119,89-96	119,129-136
		7	40,2-14.17-18	71	82 120
	<u>Vesper</u>	11	45	123	136
15		124			
	Eph 1, 3-10				
<u>Komplet</u>	86				
<b>DIE</b>	<u>Lesehore</u>	10	37	68	102
		12			
	<u>Laudes</u>	24	43	85	101
		Tob 13,2-10	Jes 38,10-13a.14cd.17-20	Jes 26,1-4.7-9.12	Dan 3,26-27.29.34-41
		33	65	67	141, 1-10b
	<u>Tageshore</u>	119,1-8	119,49-56	119,97-104	119,137-144
		13	53	74	88
		14	54,3-6.8-9		
	<u>Vesper</u>	20	49	125	137,1-6
		21,2-8.14		131	138
		Offb 4,11;5,9.10.12			
<u>Komplet</u>	143,1-11				

<b>MIT</b>	<u>Lesehore</u>	18,2-30	39 52	89,2-38	103
	<u>Laudes</u>	36	77	86	108
		Jdt 16,1-2a.13-15 47	1 Sam 2,1-10 97	Jes 33,13-15a.16 98	Jes 61,10-62,5 146
	<u>Tageshore</u>	119,9-16	119,57-64	119,105-112	119,145-152
		17	55,2-15.17-24	70 75	94
	<u>Vesper</u>	27	62	126	139,1-18.23-24
			67	127	
<u>Komplet</u>	Kol 1,12-20 31,2-6 130				
<b>DON</b>	<u>Lesehore</u>	18,31-51	44	89,39-53 90	44
	<u>Laudes</u>	57	80	87	143,1-11
		Jer 10-13.14b 48	Jes 12,1-6 81	Jes 40,10-17 99	Jes 66,10-14a 147,1-11
	<u>Tageshore</u>	119,17-24	119,65-72	119,113-120	119,153-160
		25	56,2-7.9-14 57	79,1-5.8-11.13 80	128 129
	<u>Vesper</u>	30 32	72	132	144
<u>Komplet</u>	16				
<b>FRE</b>	<u>Lesehore</u>	35,1-2.3b.9-16.17-23.27-28	38	69,2-22.30-37	55,2-15.17-24
	<u>Laudes</u>	51			
		Jes 45,15-25 100	Hab 3,2-4.13a.15-19 147,12-20	Jer 14,17b-21 100	Tob 13,10c-13.15ef.17ab 147,12-20
	<u>Tageshore</u>	119,25-32	119,73-80	22	119,161-168
		26 28,1-3.6-9	59,2-5.10-11.17-18 60		133 140,2-9.13-14
	<u>Vesper</u>	41 46	116,1-9 121	135	145
			Offb 15,3-4		
<u>Komplet</u>	88				
<b>SAM</b>	<u>Lesehore</u>	105	136	107	50
	<u>Laudes</u>	119,145-152	92	119,145-152	92
		Ex 15,1-4a.8-13.17-18 117	Dtn 32,1-7.9-12 8	Weish 9,1-6.9-11 117	Ez 36,24-28 8
	<u>Tageshore</u>	119,33-40	119,81-88	119,121-128	119,169-176
		34	61 64	34	45